

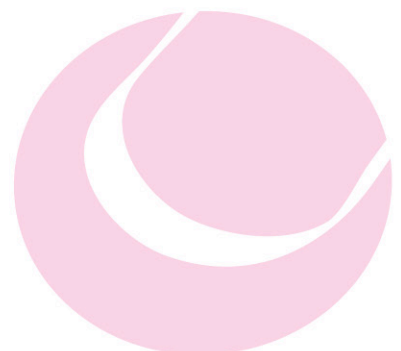
JUSTINEHENIN ACADEMY

WEEKLY PROGRAM



The weekly program is designed for players who want to benefit from a complete tennis physical training during one or several weeks. Players are taking part in 2 daily sessions and 2 physical sessions.

The weekly intensive program is available during the whole year, but the places are limited.



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PROGRAM DESCRIPTION

Sunday:

- Arrival day.

Monday/Tuesday/Thursday/Friday :

- 3 to 3.5 hours of tennis
- 2 to 2.5 hours of physical conditioning.

Wednesday :

- 1,5 to 2 hours of tennis.
- 1,5 to 2 hours of physical conditioning.
- 45 min. of prevention.

BOOST YOUR CAMP!

You can also add individual tennis lessons to get more out of your program. If you are interested to BOOST YOUR CAMP let us know when you register for your WEEKLY PROGRAM.

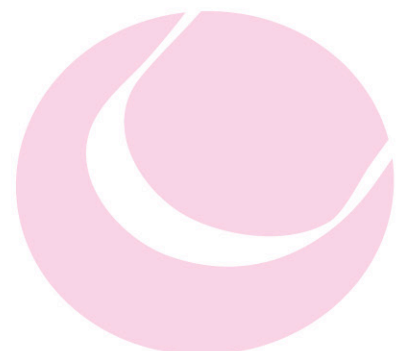
BOARDING

The full boarding includes the housing in rooms and the accommodation manager supervision. This includes meals and transportation from housing to the tennis facilities.

Full boarding at the academy is available for players from 13 years of age and over. Boarding includes 3 meals/day, 2 players/room, transportation and activities.

DRIVE ME SAFELY

If you need transportation to/from the airport, we can organize it for you. Let us know when you register for your program.



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PRICES AND SERVICES INCLUDED

	Sept-March	April-Aug
Tennis and Physical Program	1000€/week	1100€/week
Accommodation: Single Double Quadruple	400€/week —	550€/week —
Rental Guarantee	500€	500€
Transportation: to and from Brussels airport to and from Charleroi airport	55€ 75€	55€ 75€
Laundry	25€/week	25€/week
Breakfast	Boarding Only	Boarding Only
Lunch	All programs Monday to Friday	All programs Monday to Friday
Dinner	Boarding Only	Boarding Only
Transportation: Academy- Residence-Academy	Boarding Only	Boarding Only
Club Membership – Use of Facilities	Included	Included
Wireless Internet	Included	Included
Physiotherapy Service check- up	Included	Included
Federative License	25€	25€
Registration Fee	Included	Included
BOOST YOUR CAMP! Individual Lesson	9am-4pm 100€ per hour 8am-9am 125€ per hour	9am-4pm 100€ per hour 8am-9am 125€ per hour

Last upgrade rates, January 2018.